

## A memorable day for Shin-ShinBuKen Budo Club.

On Tuesday evening 6nd of October 2009 **Aikido club 'Yawara'** conducted by sensei **Lex van Teeffelen** and sensei **Rob Conradi** joined the Shin-ShinBuKen Budo Club in Amsterdam. Yawara has been started by Lex van Teeffelen, Rob Conradi, Frances van Berkel and Micah Hrehovcsik.

Rob sensei teaches aikido at the Sportsmanagement Education Department of the Hogeschool van Amsterdam. As student at the ALO teacher-education in the 70-ties he came in contact with budo through the lessons of the president of Shin-SBK, Jan Kallenbach.

After graduation at a certain moment he went on a world trip and met TaiKi sensei Iwama in Japan and received his first TaiKi instruction. Later on back in Holland he concentrated on aikido given by his late teacher mr. Peter Baccas.

Rob is yon-dan aikido now and also a devote senior-member in TaiKi.

It is remarkable to see how certain lines in life can develop along unexpected lines and at a certain moment can join.

More or less something like this happened in our TaiKi headmaster's life also, when he as budoka and representative Kodokan Judoka did meet aikido master Ueshiba.

For different reasons they both spent some time together in Manchuria, where Sawai sensei even tried to arrange a meeting with so called 'China's national hand', the Yi-chuan master **Wang Chang Chai** in Peking.

Later Sawai sensei still had contact with Ueshiba in Shinjuku Tokyo. There he ran into one of the first French aikido teachers who came to Japan to study, named mr. Andre **Noquet**.

Mr. Noquet was a uchi-deshi in Ueshiba's dojo and trained with Sawai sensei. Mr. Noquet later would become president of the European Aikido Federation.



**Sawai sensei with Andre Noquet from France Tokyo 1956**

I think sensei's budo experience, his love for Chinese nei-chia made him interested in mastermoving with 'flow'...

Besides that, most budo comes from the same source of martial arts and as human possibilities are almost the same for all of us over the world...TaiKi-budo and Aiki-budo do much have in common, although their actual practice looks different.

Anyhow it is good, a healthy aikido section joins our dojo with its disciplines and as I do know Yawara aikido, I know it also stands for a continued and deeper study of martial arts culture with a longer life-span. And certainly a longer life-span than what we call our so called 'active athletic age period' solely.

Like the original budo educational strategy coming from our sensei, we in S-SBK advocate and try to build a perspective in which our students can continue growing their *life qualities*, needed in their budo and in their personal life.

We are glad Yawara can help us carrying out the budo cultural tradition and its aspects.

So after what has been said, you can imagine we were very pleased to see the special invited aikido guest-teacher **sensei Leizinger** roku-dan, with his memorable age of 80, and a true representative of our philosophy... giving the first aikido lesson in our club.

We wish Yawara a fruitful future and good mutual cooperation with our Shin-ShinBuKen and its members.



**Aikido sensei dr. Leizinger 6e dan from Germany, guest teacher  
for Yawara in Shin-ShinBuKen dojo**

**Kampeï !**

**Voorzitter Shin-ShinBuken**

***Jan Kallenbach***

[www.shin-shinbuken.nl/](http://www.shin-shinbuken.nl/)

<http://www.aikidoyawara.nl/>